

Sussex AA Under 14 Track & Field Championships 2026 &

Under 12 Quadrathlon

Timetable

Saturday, June 6th

T1	10.45	100m	U14 Boys	Heat	F1	10.30	Howler	U12 Boys Quadrathlon
T2	10.55	100m	U14 Girls	Heat	F2	10.30	Standing LJ	U12 Girls Quadrathlon
T3	11.15	1500m	U14 Boys	Final	F3	10.30	Pole Vault	U14 Boys
T4	11.30	1500m	U14 Girls	Final	F4	10.30	Pole Vault	U14 Girls
T5	11.40	100m	U14 Boys	Final	F5	10.45	Hammer	U14 Boys
T6	11.45	100m	U14 Girls	Final	F6	10.45	Hammer	U14 Girls
T7	12.00	75m	U12 Boys	Quadrathlon	F7	12.00	Long Jump	U14 Boys
T8	12.30	75m	U12 Girls	Quadrathlon	F8	12.30	Shot Put	U14 Boys
		TRACK BREAK			F9	12.30	Shot Put	U14 Girls
T9	13.25	200m	U14 Boys	Heat	F10	13.00	Standing LJ	U12 Boys Quadrathlon
T10	13.35	200m	U14 Girls	Heat	F11	13.00	Howler	U12 Girls Quadrathlon
T11	13.45	80mH	U14 Boys	Final	F12	14.30	High Jump	U14 Girls
T12	13.55	75mH	U14 Girls	Final	F13	14.30	Long Jump	U14 Girls
T13	14.05	800m	U14 Boys	Final	F14	14.30	Discus	U14 Boys
T14	14.20	800m	U14 Girls	Final	F15	14.30	Discus	U14 Girls
T15	14.35	200m	U14 Boys	Final	F16	15.30	High Jump	U14 Boys
T16	14.40	200m	U14 Girls	Final	F17	15.30	Javelin	U14 Boys
T17	14.50	600m	U12 Boys	Quadrathlon	F18	15.30	Javelin	U14 Girls
T18	15.25	600m	U12 Girls	Quadrathlon				
T19	15.40	4X100m Relay	U14 Boys					
T20	15.50	4X100m Relay	U14 Girls					
		QUADRATHLON PRESENTATION						