



SUSSEX UNDER 14 LEAGUE 2026 TIMETABLE

Time		Track Events			Time		Field Events	
East Div	West Div				East Div	West Div		
6.20	6.20	80m Hurdles A & B	Boys		6.15	6.15	Long Jump	Girls
6.30	6.30	75m Hurdles A & B	Girls		6.15	6.15	High Jump	Boys
6.40	6.40	100m A & B	Girls		6.30	6.30	Discus (1&3) Hammer (2)	Boys & Girls
6.45	6.45	100m A & B	Boys		7.00	7.00	Long Jump	Boys
6.50	6.50	100m	NS U14s		7.20	7.20	High Jump	Girls
7.00	7.00	75m	NS U12s		7.30	7.30	Javelin	Boys & Girls
7.10	7.10	800m	Girls		7.45	7.45	Shot Put	Boys & Girls
7.20	7.20	800m	Boys		7.45	7.45	Long Jump	All NS
7.30	7.30	800m	NS U14s					
7.40	7.40	200m A & B	Girls					
7.45	7.45	200m A & B	Boys					
7.50	7.50	600m	NS U12s					
8.00	8.00	1500m A & B	Girls					
8.10	8.10	1500m A & B	Boys					
8.20	8.20	4x100 Relay	Girls					
8.25	8.25	4x100 Relay	Boys					
8.35	8.25	4x100 Relay	NS					