

SUSSEX 3K CHAMPIONSHIPS

4th SEPTEMBER 2016 at K2, CRAWLEY

1.	NEIL BONIFACE	HORSHAM JOGGERS	8:49.4
2.	JAMES TURNER	BRIGHTON & HOVE	8:55.2
3.	BEN SAVILL	CROYDON HARRIERS (GUEST)	8:55.9
4.	JAMIE KNAPP	SOUTHAMPTON (GUEST)	9:07.0
5.	REUBEN HOYTE (U20)	BRIGHTON PHOENIX	9:12.2
6.	CONRAD MEAGHER	CHICHESTER	9:17.9
7.	GRAHAM GODDEN (M45)	BRIGHTON & HOVE	9:31.9
8.	DEAN ANGELL (M50)	HORSHAM JOGGERS	10:14.0