

CBP indicates a new Championship Best Performance

BOYS				GIRLS			
TRACK EVENTS RESULTS				TRACK EVENTS RESULTS			
75m	Heat 1			75m	Heat 1		
1	Alistair Corless	Haywards Heath	10.4	1	Christina Okenla	Brighton	10.6
2	Marcus Harley	Eastbourne	10.5	2	Emily Brown	Horsham	10.6
3	Matthew Hewitt	Brighton	10.7	3	Ria Knight	Worthing	10.9
4	Andrew Clark	East Grinstead	11.0	4	Elinor Hodkin	East Grinstead	11.1
5	Jake Giles	Eastbourne	11.1	5	Summer Hubble	Hastings	11.2
6	Mitchell Stather	Phoenix	11.3	6	Eleanor Sabine-Singh	Brighton	11.7
7	Alexander Lelliott	Hastings	11.4				
8	Dominic Stannard	Worthing	11.4	75m	Heat 2		
				1	Georgia Ungoed	Eastbourne	10.8
75m	Heat 2			2	Grace O'Reilly	Brighton	11.0
1	Jonathan Heather	Cumnor H.S.	10.3	3	Kimberley Saunders	Crawley	11.1
2	Timothy Corless	Haywards Heath	10.5	4	Daisy Handley	Worthing	11.7
3	Jack McLean	Eastbourne	10.7	5	Isobel Watson	Horsham	11.8
4	Austin Weight	Lewes	10.7	6	Hayley Tennant	Brighton	11.8
5	Jack Valeri	Brighton	11.1	7	Natalie Sampson	Worthing	11.9
6	Jonathan Lord	East Grinstead	11.1				
7	Matthew Lasis	Crawley	11.4	75m	Heat 3		
8	Stefan Shipp	Horsham	12.3	1	Ella Sutherland	Hastings	10.4
				2	Amy McCarthy	Hastings	10.6
				3	Joanna Morgan	Eastbourne	11.0
				4	Melanie Leonida	Eastbourne	11.2
				5	Katie Carmichael	Horsham	11.5
				6	Amy Blake	Lewes	12.3
				7	Olivia Thomas	Lewes	12.4
75m	Final			75m	Final		
1	Jonathan Heather	Cumnor H.S.	10.4	1	Georgia Ungoed	Eastbourne	10.3
2	Alistair Corless	Haywards Heath	10.4	2	Ella Sutherland	Hastings	10.4
3	Timothy Corless	Haywards Heath	10.7	3	Christina Okenla	Brighton	10.4
4	Marcus Harley	Eastbourne	10.8	4	Emily Brown	Horsham	10.4
5	Austin Weight	Lewes	10.8	5	Grace O'Reilly	Brighton	10.7
6	Jack McLean	Eastbourne	10.9	6	Joanna Morgan	Eastbourne	10.7
7	Matthew Hewitt	Brighton	11.2	7	Amy McCarthy	Hastings	10.8
8	Andrew Clark	East Grinstead	11.3	8	Ria Knight	Worthing	10.9
150m	Heat 1			150m	Heat 1		
1	Alistair Corless	Haywards Heath	20.3	1	Kimberley Saunders	Crawley	20.9
2	Timothy Corless	Haywards Heath	21.2	2	Ella Sutherland	Hastings	21.7
3	Jake Giles	Eastbourne	21.3	3	Sophie Rodger	Eastbourne	22.0
4	Jack McLean	Eastbourne	21.4	4	Elinor Hodkin	East Grinstead	22.4
5	Mark West	Hastings	21.5	5	Katie Carmichael	Horsham	23.4
6	Calum Macaulay	Brighton	22.7	6	Hayley Tennant	Brighton	23.4
7	James Mitchell	Horsham	23.4	7	Elizabeth O'Shaughnessy	Hastings	25.3
150m	Heat 2			150m	Heat 2		
1	Marcus Harley	Eastbourne	20.9	1	Amy McCarthy	Hastings	21.0
2	Austin Weight	Lewes	21.2	2	Christina Okenla	Brighton	21.2
3	Matthew Hobden	Lewes	21.3	3	Grace O'Reilly	Brighton	21.3
4	Jonathan Gelllett	Horsham	21.4	4	Ria Knight	Worthing	21.3
5	Warwick Meyler	Horsham	22.0	5	Jessica Patterson	Worthing	22.2
6	Dominic Stannard	Worthing	23.4	6	Daisy Handley	Worthing	22.8
7	Stefan Shipp	Horsham	25.0	7	Natalie Cornwell	Lewes	24.8
				8	Olivia Thomas	Lewes	26.2
150m	Final			150m	Final		
1	Alistair Corless	Haywards Heath	20.3	1	Kimberley Saunders	Crawley	21.0
2	Marcus Harley	Eastbourne	20.6	2	Amy McCarthy	Hastings	21.3
3	Jonathan Gelllett	Horsham	20.7	3	Ella Sutherland	Hastings	21.3
4	Timothy Corless	Haywards Heath	21.0	4	Christina Okenla	Brighton	21.5
5	Austin Weight	Lewes	21.1	5	Grace O'Reilly	Brighton	21.9
6	Matthew Hobden	Lewes	21.1	6	Ria Knight	Worthing	21.9
7	Jake Giles	Eastbourne	21.6	7	Sophie Rodger	Eastbourne	22.2
8	Jack McLean	Eastbourne	21.6	8	Jessica Patterson	Worthing	22.7
800m	Final			800m	Final		
1	Charlie Grice	Phoenix	2:24.7	1	Isabella King	Lewes	2:31.3
2	Harry Lighton	Westbourne H.S.	2:26.8	2	Rachael Phelps	Phoenix	2:32.7
3	Max Pickard	Phoenix	2:32.4	3	Stacey Clusker	Hastings	2:40.2
4	Luke Newbury	Eastbourne	2:35.6	4	Ella Cooper	Brighton	2:40.3
5	Max Thomas	Hastings	2:39.9	5	Rebecca White	Crawley	2:46.0
6	Matthew Hewitt	Brighton	2:49.6	6	Georgia Ungoed	Eastbourne	2:50.5

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7	Dominic Stannard	Worthing	2:51.3		7	Laura Hind	Hastings	2:52.2	
8	Alex Will	Haywards Heath	2:54.9		8	Natalie Cornwell	Lewes	2:58.7	
9	JohnJoe Wentworth	Eastbourne	3:10.9		9	Rachael Titheradge	Brighton	2:59.9	
					10	Charlotte Firth	Worthing	3:02.3	
1200m	Final				1200m	Final			
1	Nicholas Robson	Chichester	3:51.4		1	Yazmin Pinchen	Horsham	4:23.4	
2	Warwick Meyler	Horsham	4:04.1		2	Alex Dowd	Phoenix	4:25.9	
3	Cameron Harkness	Brighton	4:07.6		3	Gaby Scott	Eastbourne	4:31.8	
4	Billy Payne	Eastbourne	4:09.7						
5	William Gray	Phoenix	4:15.0						
					70m Hurdles	Heat 1			
					1	Philippa Wilson	Brighton	12.7	
					2	Sophie Rodger	Eastbourne	13.5	
					3	Eleanor Sabine-Singh	Brighton	14.5	
					4	Charlotte Firth	Worthing	14.8	
					5	Katie Carmichael	Horsham	15.5	
					6	Amy Blake	Lewes	21.7	
					70m Hurdles	Heat 2			
					1	Isobel Watson	Horsham	12.6	
					2	Lucy Stickland	Horsham	13.4	
					3	Emma Smith	Horsham	13.8	
					4	Ella Cooper	Brighton	14.0	
					5	Natalie Cornwell	Lewes	14.7	
					6	Elizabeth O' Shaughnessy	Hastings	15.8	
					7	Chloe Cooley	Lewes	16.8	
75m Hurdles	Final				70m Hurdles	Final			
1	Matthew Hewitt	Brighton	13.1		1	Isobel Watson	Horsham	12.5	
2	Harry Lighton	Westbourne H.S.	13.2		2	Philippa Wilson	Brighton	12.6	
3	Austin Weight	Lewes	14.2		3	Lucy Stickland	Horsham	13.1	
4	James Mitchell	Horsham	14.4		4	Ella Cooper	Brighton	13.8	
5	Alexander Lelliott	Hastings	16.8		5	Sophie Rodger	Eastbourne	13.9	
					6	Eleanor Sabine-Singh	Brighton	13.9	
					7	Natalie Cornwell	Lewes	14.0	
4 x 100m Relay	Final				4 x 100m Relay	Final			
1		Lewes	57.7		1		Eastbourne	57.0	
2		Eastbourne	58.0		2		Brighton	58.4	
3		Haywards Heath	58.3		3		Hastings	59.4	
4		Brighton	60.6						
5		Hastings	62.1						
FIELD EVENTS RESULTS					FIELD EVENTS RESULTS				
Discus	Final				Discus	Final			
1	Jonathan Gellet	Horsham	24.26		1	Jessica Patterson	Worthing	18.24	
2	Matthew Lasis	Crawley	21.03		2	Laura Hind	Hastings	18.20	
3	Robert Duke	Worthing	20.72		3	Karina Belmar	Eastbourne	16.66	
4	Freddie Sadler-Coppard	Westbourne H.S.	19.43		4	Lisa Normoyle	Hastings	16.57	
5	Calum Macaulay	Brighton	12.20		5	Lottie Murphy	Westbourne H.S.	15.08	
					6	Elle Hawes	Eastbourne	14.29	
Javelin	Final				Javelin	Final			
1	Matthew Hobden	Lewes	37.24	CBP	1	Coco Allingham	Westbourne H.S.	20.58	
2	Joseph Morris	Eastbourne	23.60		2	Caitlin Boyland	Cumnor H.S.	18.00	
3	Ryan Wright	Hastings	20.04		3	Lisa Normoyle	Hastings	16.97	
4	JohnJoe Wentworth	Eastbourne	17.70		4	Serena Whiting	Brighton	13.95	
					5	Stacey Clusker	Hastings	11.09	
Shot	Final				Shot	Final			
1	Freddie Sadler-Coppard	Westbourne H.S.	9.30		1	Lisa Normoyle	Hastings	7.69	
2	Johnathan Gellet	Horsham	9.21		2	Lottie Murphy	Westbourne H.S.	7.69	
3	Matthew Lasis	Crawley	9.15		3	Karina Belmar	Eastbourne	6.87	
4	Joseph Morris	Eastbourne	8.53		4	Melanie Leonida	Eastbourne	6.70	
5	Robert Duke	Worthing	6.46		5	Ella Smith	Horsham	6.21	
6	Jake Giles	Eastbourne	5.96		6	Heather Charlton	Eastbourne	6.09	
7	Ryan Wright	Hastings	5.68		7	Ellie Hawes	Eastbourne	5.61	
High Jump	Final				High Jump	Final			
1	Jonathan Heather	Cumnor H.S.	1.57	CBP	1	Philippa Wilson	Brighton	1.43	CBP

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BOYS					GIRLS				
2	Luke Newbury	Eastbourne	1.35		2	Laura Hind	Hastings	1.35	
3	Harry Lighton	Westbourne H.S.	1.35		3	Lucy Stickland	Horsham	1.25	
4	Mark West	Hastings	1.35		4	Isobel Watson	Horsham	1.25	
5	James Mitchell	Horsham	1.30		5	Yazmin Pinchen	Horsham	1.20	
6	Andrew Clark	East Grinstead	1.30						
7	Michael Gasson	Hastings	1.25						
Long Jump	Final				Long Jump	Final			
1	Jonathan Heather	Cunmor H.S.	4.94	CBP	1	Amy McCarthy	Hastings	4.32	
2	Jack Valeri	Brighton	4.35		2	Melanie Leonida	Eastbourne	4.09	
3	Matthew Hobden	Lewes	4.35		3	Jessica Patterson	Worthing	3.99	
4	Luke Newbury	Eastbourne	4.34		4	Joanna Morgan	Eastbourne	3.90	
5	Jonathan Lord	East Grinstead	4.29		5	Sophie Rodger	Eastbourne	3.73	
6	Thomas Griffiths	Haywards Heath	4.09		6	Christina Okenla	Brighton	3.70	
7	Mitchell Stather	Phoenix	4.03		7	Ella Sutherland	Hastings	3.61	
8	Andrew Clark	East Grinstead	3.76		8	Elizabeth O' Shaughnessy	Hastings	3.60	
9	Calum Macaulay	Brighton	3.75		9	Chloe Cooley	Lewes	3.47	
10	Max Thomas	Hastings	3.70		10	Amy Blake	Lewes	3.42	
11	Robert Duke	Worthing	3.37		11	Gaby Scott	Eastbourne	3.31	
12	JohnJoe Wentworth	Eastbourne	3.18		12	Natalie Sampson	Worthing	3.28	