

SUSSEX ROAD RELAY CHAMPIONSHIPS 2003

at CHRIST'S HOSPITAL SCHOOL - Large Lap 2miles 104yds - Small Lap 1mile 241yds

SENIOR MEN (6 x 1 Lap)

1	BRIGHTON & HOVE 'A'	61:27	8	HASTINGS AC 'A'	71:31
	T Cook	10:19		L Emanuel	9:54
	R Airey	10:19		P Wilson	11:15
	M Airey	10:08		S Jules	10:45
	D Boyce	10:36		J Hammond	12:57
	M Bristow	10:09		C Balch	15:30
	J Stephenson	9:56		N Lambert	11:10
2	CHICHESTER RUNNS 'A'	63:16	9	SENLAC ARROWS	72:31
	J Baker	9:58		J Larkin	10:51
	T Bilham	10:13		L Heath	11:04
	J Foreshow	10:39		G Johnstone	14:57
	C McClarnon	10:52		A Lamb	11:06
	J Worcester	11:03		M Ling	12:14
	K Toop	10:31		J Johnstone	12:19
3	CRAWLEY 'A'	63:38	10	CHICHESTER RUNNS 'C'	73:16
	S Fortnam	10:33		R Wiggins	11:54
	D Rayner	10:29		D Worcester	11:47
	K Holland	9:42		D Dorning	11:19
	J Clewett	10:30		G Wright	11:13
	T Ellis	11:14		A Kennaugh	13:14
	V Golding	11:10		C Harley	13:49
4	WORTHING HARR'S 'A'	65:27	11	ARENA 80	75:08
	M Furber	10:31		D Doran	12:53
	M Dumigan	10:55		M Geddin	12:07
	K Leitch	11:15		J Barton	13:41
	J Lowden	10:49		J Watson	12:36
	J Moores	11:01		G Malins	11:54
	R Clayton	10:56		A Mullins	11:57
5	PHOENIX 'A'	65:47	12	CHICHESTER RUNNS 'B'	75:42
	T Parkin	10:59		D Prickett	11:55
	M Sorokin	10:45		S Luffman	12:55
	D Hards	10:35		J Garland	10:38
	T Naylor	10:11		M Thompson	11:24
	P Wishart	11:36		D Bourne	12:23
	P Couch	11:41		T Blaylock	16:57
6	BRIGHTON & HOVE 'B'	66:31	13	WORTHING HARR'S 'B'	76:30
	J Baxter	11:02		R Saunders	11:16
	L Taub	10:58		P Franklin	12:52
	P Froud	10:44		M Godfrey	12:14
	A Dunno	11:44		J Priest	12:50
	S Dabson	11:09		D Randall	15:17
	J Painter	10:54		T Cattermole	12:01
7	LEWES	70:13	14	WORTHING STRIDERS	77:18
	P Miller	12:59		E O'Brien	12:17
	R Mullet	11:14		A Belcher	12:32
	T Grant	12:03		H Waghorn	12:25
	N Lucas	10:47		N Rabone	12:50
	M Frost	12:05		G Christie	13:33
	D Leach	11:05		D Swain	13:41

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15	STEYNING 'A'	82:04	N/S	AMPHIBIANS 2 TRI	70:37
	P Cay	11:48		G Pearce	10:50
	J Scott	17:24		C Johnson	12:13
	A Bullimore	14:19		S Costance	12:22
	M Hesketh	13:19		R Groves	11:33
	D O'Brien	12:19		D Evans	12:30
	J Walker	12:55		G Pearce	11:09

16	MEL'S MILERS	83.35	N/S	PHOENIX 'B'	72.26
	R Duffy	14:53		N Herron	12:02
	G Burchett	12:20		D Brewer	11:50
	P Felgate	13:01		R O'Neill	11:13
	M Brown	12:43		T Larkin	12:20
	B Cooper	15:01		R O'Neill	11:44
	C Shaw	15:37		T Woodman	13:17

Fastest Laps

Kevin Holland	9:42
Lee Emanuel	9:54
Joe Stephenson	9:56
James Baker	9:58
Martin Airey	10:08
Matthew Bristow	10:09

VETERAN MEN O40 (4 x 1 Lap)

1	BRIGHTON & HOVE 'A'	45:53	6	STEYNING	49:54
	J Clements	11:09		A Brown	11:38
	M Brown	11:33		M Atkinson	12:21
	B Clark	12:05		A Harwood	12:49
	T Ulliott	11:06		D Wolf	13:06
2	PHOENIX 'A'	46:21	7	PHOENIX 'B'	50:00
	P Hampshire	11:17		C Simpson	11:42
	T Holborn	11:56		M Mergler	13:10
	A George	11:50		S Potts	12:23
	P Collicutt	11:18		T Woodman	12:45
3	ARENA 80 'A'	46:29	8	HORSHAM BLUE STAR	50:40
	P Gasson	11:17		C Lee	13:13
	B Reeves	11:34		P Morfey	11:54
	C Hannan	11:54		C Price	13:08
	P Penfold	11:44		T Atkin	12:25
4	CHICHESTER RUNNERS	49:07	9	HASTINGS AC	53:37
	G Wright	10:41		D Clusker	13:56
	A Kennaugh	12:26		P Baker	13:23
	C Harley	12:43		R Wild	12:57
	T Blaylock	13:17		P Standen	13:21
5	AMPHIBIANS 2 TRI	49:36	10	ARENA 80 'B'	54:40
	G Everson	11:49		M Pedlow	13:22
	D Hatton	13:22		B Page	13:32
	R Powell	12:23		K Slaughter	13:24
	T Harris	12:02		N Barrett	14:22

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at CHRIST'S HOSPITAL SCHOOL - Large Lap 2miles 104yds - Small Lap 1mile 241yds

11	HAYWARDS HEATH	56:30	NS	PHOENIX 'C'	53:05
	M Sykes	13:27		P Hards	12:50
	B Fermin	15:08		S Smart	13:45
	A Carter	14:05		C Simpson	12:24
	S Humphreys	13:50		A Haig	14:06

12	HASTINGS RUNNERS	58:35	N/S	CRAWLEY	
	M Foord	13:34		M Parry	11:10
	R Huggett	16:02		B Freeman	12:29
	M Hall	14:50		G Thayre	15:19
	L Miller	14:09			

Fastest Laps

Gary Wright	10:41
Tom Ulliott	11:06
John Clements	11:09
Mark Parry	11:10
Paul Gasson	11:17
Phil Hampshire	11:17

VETERAN MEN O50 (3 x 1 Lap)

1	CHICHESTER RUNNERS	33:58	7	HAYWARDS HEATH 'A'	39:45
	R Wiggins	11:37	Record	M Delbridge	12:44
	D Worcester	11:13		J Gill	13:40
	D Dorning	11:08		R Bates	13:21

2	BRIGHTON & HOVE 'A'	34:22	8	HORSHAM BLUE STAR	40:06
	P Rockwood	12:02		L Howick	13:25
	P Witcomb	11:02		M Carrington	13:47
	B Blackwell	11:18		B Crawley	12:54

3	LEWES	38:15	9	ARENA 80	41:15
	J Coleman	13:24		C Bushby	13:29
	B Hughes	12:45		B Ward	13:09
	R Brown	12:06		R Ockenden	14:37

4	CRAWLEY	38:16	10	BRIGHTON & HOVE 'B'	44:17
	T Lintern	11:56		M Duff	14:32
	J Parker	14:17		P Crowhurst	12:26
	D Beattie	12:03		D Maskell	17:19

5	HORSHAM JOGGERS	38:27	N/S	PHOENIX 'B'	
	S Wilson	12:18		P Savage	18:18
	A Spriggs	12:39		A Haig	14:02
	C Hall	12:30			

6	PHOENIX 'A'	39:37	N/S	HASTINGS AC	
	M Naylor	12:52		C Balch	14:59
	M Kemp	13:06			
	G Hodgson	13:39			

Fastest Laps

Peter Witcomb	11:02
David Dorning	11:08
David Worcester	11:13
Barry Blackwell	11:18
Rob Wiggins	11:37
Tony Lintern	11:56

SUSSEX ROAD RELAY CHAMPIONSHIPS 2003

at CHRIST'S HOSPITAL SCHOOL - Large Lap 2miles 104yds - Small Lap 1mile 241yds

VETERAN MEN O60 (3 x 1 Lap)

1	LEWES 'A'	41:28	3	CHICHESTER RUNNERS	46:51
	P Masters	13:31		T Slade	12:41
	M Lane	14:00		E Askew	15:52
	A Medhurst	13:57		P Robinson	18:18
2	HASTINGS AC	42:26	N/S	LEWES 'B'	
	R Wild	12:44		F Tunley	14:25
	P Harris	16:55		P Whitworth	14:41
	P Standen	12:47			

Fastest Laps:

Terry Slade	12:41	Record
Reg Wild	12:44	
Peter Standen	12:47	

UNDER 15 BOYS (3 x 1 Small Lap)

1	HASTINGS AC ‘A’	16:54	8	BRIGHTON & HOVE	19:17
	L Jules	5:33	Record	L Lambourne	6:18
	S Baker	5:35		A Witcombe	6:21
	A Ambridge	5:46		A Kish	6:38
2	EASTBOURNE ‘A’	17:14	9	CHICHESTER RUNNS ‘B’	19:30
	M Southam	5:44		L James	6:06
	M Cooke	6:04		R Bourne	6:38
	S Harris	5:26		D Crate	6:46
3	HORSHAM BLUE STAR ‘A’	17:42	10	EASTBOURNE ‘B’	20:03
	S Turnbull	6:02		A Dennis	6:30
	S Randall	5:59		S Pelling	6:27
	R Hoad	5:41		J Varney	7:06
4	WORTHING HARRIERS	18:13	11	HORSHAM BSH ‘B’	21:09
	M Burchett	5:52		C Ansell	6:49
	A Stainsby	6:04		M King	7:14
	R Kay	6:17		B Rose	7:06
5	HASTINGS AC ‘B’	18:17	N/S	HASTINGS AC ‘C’	
	D Cooper	5:58		O Lambrech	6:29
	D Walton	5:55			
	S Grain	6:24			
6	CHICHESTER RUNNS ‘A’	18:18	Fastest Laps		
	D Cowtan	6:01		Scott Harris	5:26 Record
	S Gillert	6:08		Lee Jules	5:33
	J Nunn	6:09		Simon Baker	5:35
				Richard Hoad	5:41
7	PHOENIX	18:23		Matthew Southam	5:44
	R James	6:16		Alex Ambridge	5:46
	S Rigby	6:14			
	J Isherwood	5:53			

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UNDER 13 BOYS (3 x 1 Small Lap)

1	PHOENIX 'A'	18:28	8	LEWES 'B'	21:07
	M Barrie	5:55		M Ford	6:33
	S Burchell	6:20		B Burgess	7:26
	T Gedin	6:13		N Grant	7:08
2	CHICHESTER RUNNS 'A'	19:10	9	LEWES 'C'	22:03
	D Kennaugh	6:50		A Williams	6:49
	H Richardson	6:33		B Ruth	7:50
	C West	5:47		T Hawkes	7:24
3	LEWES 'A'	19:16	10	HORSHAM JOGGERS	22:23
	R Luker	6:25		C Hilton	6:41
	J Burgess	6:46		B Valentine-Purnell	7:44
	A Wilkinson	6:05		J Valentine-O'Connell	7:58
4	PHOENIX 'B'	19:45	11	PHOENIX 'C'	24:02
	F McNally	6:27		L Burchell	7:33
	L Hards	6:17		C Blue	8:06
	D Rooke	7:01		J McDowell	8:23
5	HASTINGS AC 'A'	19:49	12	LEWES 'D'	24:30
	S Emary	6:15		L Vuillemeys	8:29
	A Clarke	6:27		S Brown	8:23
	H Burnham	7:07		J Lee	7:38
6	WORTHING HARR'S 'A'	19:54	N/S	WORTHING HARR'S 'B'	22:32
	C Macaulay	6:36		C Duval	7:31
	L Decosta	6:40		N Newman	7:52
	K Wallace	6:38		C Macaulay	7:09
7	CHICHESTER RUNNS 'B'	20:51	Fastest Laps:		
	J Parker	6:51		Chris West	5:47 Record
	J McLean	7:02		Matt Barrie	5:55
	C Hooker	6:58		Andrew Wilkinson	6:05
				Tim Gedin	6:13
				Stefan Emary	6:15
				Lewis Hards	6:17

SENIOR WOMEN (3 x 1 Lap)

1	CRAWLEY	36:41	4	LEWES	37:50
	H Stanton	12:51		N Fuller	13:12
	J Briggs	11:39		E Richards	12:53
	F Clarke	12:11		W Holden	11:45
4	ARENA 80 'A'	36:43	5	PHOENIX 'A'	38:04
	C Naylor	12:23		A Naylor	12:30
	J Hughes	13:28		K Gunn	12:45
	C Hoyte	10:52		G Sharp	12:49
4	WORTHING H 'A'	37:35	6	STEYNING	38:50
	P Aukett	12:35		P Standing	12:46
	D Baker	14:00		J Hesketh	13:11
	R Ogden	11:00		M Amess	12:53

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7	CHICHESTER RUNNS 'A'	38:54	15	PHOENIX 'C'	45:48
	T Slade	12:27		J Ellis	14:51
	H Longland	13:33		D Evers	17:00
	J Harley	12:54		S Webb	13:57
8	BRIGHTON & HOVE 'A'	38:56	16	MEL'S MILERS 'B'	46:06
	J Drake	12:39		A Billingham	14:36
	J Hamilton	13:52		A Wilkinson	15:24
	J Downes	12:25		A Ramage	16:06
9	SENLAC ARROWS	40:36	17	WORTHING HARR'S 'B'	46.43
	H Wheeler	12:16		J Davison	15.03
	K Murdoch	15:08		M Stephens	16.36
	F Burnham	13:12		J Lockyer	15.04
10	BRIGHTON & HOVE 'B'	41:49	18	HASTINGS AC 'A'	46.59
	J Faulkner	14:37		J Brooks	14.48
	C Moyle	13:52		S Harris	16.23
	J Kennealy	13:20		P Cooper	15.48
11	HORSHAM BLUE STAR	42:09	19	HAYWARDS HEATH 'A'	48.31
	T Mainstone	15:49		G Underwood	14.31
	L Hoyte	12:42		V Grundy	16.08
	E Lee	13:38		Jenny Denyer	17.52
12	HAILSHAM	42:11	20	WORTHING STRIDERS	49.55
	E Smith	15:26		E Fox	16.39
	J Chickens	14:08		R Blackledge	18.02
	S Alvarez	12:37		D Badman	15.14
13	PHOENIX 'B'	42:59	21	AMPHIBIANS 2 TRI	No Time
	E Rollings	13:25		J Custance	14.24
	E Greenough	14:38		M Verrall	15.27
	C Webb	14:56		M Jones	?
14	MEL'S MILERS 'A'	43:08	22	HAYWARDS HEATH 'B'	53.58
	K Hayhurst	14:32		L Tullett	16.48
	D Piechoczek	14:25		E Thomas	19.11
	E Chandaman	14:11		Justine Denyer	17.59
Fastest Laps			N/S	BRIGHTON & HOVE 'C'	
	Caroline Hoyte	10:52 Record		E Jalla	13.11
	Rachel Ogden	11:00			
	Julie Briggs	11:39	N/S	HASTINGS AC 'C'	
	Wendy Holden	11:45		A Smedley	20.11
	Fiona Clarke	12:11			
	Holly Wheeler	12.16	N/S	ARENA 80 'B'	
				M Ward	21.42

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VETERAN WOMEN O40 (3 x 1 Lap)

1	BRIGHTON & HOVE 'A'	38:44	7	HORSHAM JOGGERS	50:27
	A Hester	13:51		M Geal	17:35
	J Bateman	12:48		M Cross	17:17
	J Armstrong	12:05		J Brucker	15:35
2	HASTINGS RUNNERS 'A'	41:55	8	AMPHIBIANS 2 TRI 'B'	52:02
	S Miller	13:26		K Reynolds	17:49
	A Sawyers	13:19		M Buckle	19:11
	S Lovell	15:10		S Tibbals	15:02
3	STEYNING	42:25	N/S	HASTINGS RUNNERS 'B'	44:27
	J Lennon	12:54		S Lovell	14:45
	A Brown	15:25		S Hall	15:37
	G Brown	14:06		S Miller	14:05
4	ARENA 80	42:55	N/S	PHOENIX 'B'	
	C Aquilina	13:36		C Cleary	16:08
	T Coleman	14:02			
	D Clarke	15:17			
5	PHOENIX 'A'	43:46	Fastest Laps		
	C Webb	13:21		Julia Armstrong	12:05 Record
	J Edmunds	16:04		Judith Bateman	12:48
	S George	14:21		Joan Lennon	12:54
				Arlene Sawyers	13:19
6	AMPHIBIANS 2 TRI 'A'	46:04		Carol Webb	13:21
	S Tibbals	14:30		Steph Miller	13:26
	G Wood	15:36			
	J Gallagher	15:58			

VETERAN WOMEN O50 (3 x 1 Lap)

1	HASTINGS RUNNERS	45:38	3	STEYNING	51:41
	S Marzaioli	15:38 Record		C Killick	16.34
	S Huggett	14:14		P Bullimore	17.45
	D Nash	15:46		B Essex	17.22
2	HAYWARDS HEATH	47.16	Fastest Laps:		
	M Rea	15.12		Sylvia Huggett	14:14 Record
	M Hemsworth	15.03		Marion Hemsworth	15.03
	M Wimborne	17.01		Maureen Rea	15.12

UNDER 15 GIRLS (3 x 1 Small Lap)

1	CHICHESTER RUNNS 'A'	19:33	3	PHOENIX	21:38
	J Heard	6:30 Record		C Rowan	6:43
	L Varnes	6:49		N Hungrecker	7:21
	C Browning	6:14		D Svoboda	7:34
2	CRAWLEY	20:14	4	CHICHESTER RUNNS 'B'	22.01
	R Schram	6:32		L Kennaugh	7:20
	D Daly	7:04		B Ryle	7.21
	E Goodall	6:38		L McIntyre	7.20

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5	HORSHAM BLUE STAR	23:46		
	A Hodgson	7:32	Fastest Laps:	
	N Masters	8:19	Charlotte Browning	6:14 Record
	A Maynard	7:55	Jasmine Heard	6:30
			Rachael Schram	6:32
N/S	HASTINGS AC 'A'		Emily Goodall	6:38
	K Morgan	DNF	Catherine Rowan	6:43
	M Walton	8:05	Laura Varnes	6:49
	C Burnham	7:28		

UNDER 13 GIRLS (3 x 1 Small Lap)

1	PHOENIX 'A'	20:20	10	HAYWARDS HEATH	23.19
	S Boulton	6:47		J Morgan	7:30
	S Etchell-Thompson	6:44		B Wallis	7:57
	H Curtis	6:49		S Aston	7:52
2	HORSHAM BSH 'A'	20:39	11	BRIGHTON & HOVE 'A'	23.25
	K Kay	6:35		B Crickmore	7:37
	A Lee	7:08		L Lambourne	7:59
	A Waite	6:56		G Gellinger	7:49
3	CHICHESTER RUNNS 'A'	20:40	12	HASTINGS AC 'B'	23.27
	S Walker	6:45		R Barrie	7:29
	A Richardson	7:05		J Jackson	8:00
	A Miles	6:50		S Harris	7:58
4	PHOENIX 'B'	20:54	13	HORSHAM BSH 'B'	23.29
	S Coleman	6:37		C Holt	8.08
	S Dowd	7:18		C Reeves	7.06
	M Jones	6:59		R Jackson	8.15
5	PHOENIX 'C'	21:11	14	PHOENIX 'D'	23.47
	B Curtis	7:04		S Lee	8.04
	H Wood	7:02		P Conlan	7.51
	R Cleary	7:05		E Williamson	7.52
6	LEWES 'A'	21.17	15	LEWES 'B'	24.18
	C White	6.59		F Parker	8.21
	A Siese	7.16		J Brownbridge	7.50
	G Rennie	7.02		R Stock	8.07
7	WORTHING HARR'S 'A'	21.43	16	LEWES 'C'	24.33
	A Fowlie	6.46		B Norris	7.56
	L Nally	7.25		F Hancock	8.40
	E Herring	7.32		B Hawkes	7.57
8	HASTINGS AC 'A'	21.53	17	SEAFORD STRIDERS	25.31
	L Baker	6.43		R Sier	8.22
	S Fitzwarren	7.44		A Crossway	8.23
	L Howell	7.26		A Cooper	8.46
9	CHICHESTER RUNNS 'B'	23:06	18	LEWES 'D'	26.50
	A Haugh	8:00		E Harley	8.54
	J Tucker	7:32		H Lowden	9.33
	N Hill	7:34		O Bohac	8.23

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19	LEWES 'E'	26.50	N/S	HORSHAM BSH 'C'	
	M Lambert	8.37		F Parkes	7.02
	L Barradell	9.50			
	S Carr-Gomm	8.23		Fastest Laps:	
				Kate Kay	6:35
20	CHICHESTER RUNNS 'C'	26.54		Sofie Coleman	6:37
	C Kennaugh	8.44		Lucy Baker	6:43
	S Sullivan	8.39		Savanah Etchell-Thompson	6:44
	M Miles	9.31		Sarah Walker	6:45
				Abigal Fowlie	6:46

NEW RECORDS

VETERAN MEN O50

Team **Chichester Runners** **33:58**

VETERAN MEN O60

Individual **Terry Slade** **12:41**

Team **Lewes** **41:28**

UNDER 15 BOYS

Individual **Scott Harris** **5:26**

Team **Hastings AC** **16:54**

UNDER 13 BOYS

Individual **Chris West** **5:47**

Team **Phoenix** **18:28**

SENIOR WOMEN

Individual **Caroline Hoyte** **10:52**

VETERAN WOMEN O40

Individual **Julia Armstrong** **12:05**

VETERAN WOMEN O50

Individual **Sylvia Huggett** **14.14**

Team **Hastings Runners** **45:38**

UNDER 15 GIRLS

Individual **Charlotte Browning** **6:14**

Team **Chichester Runners** **19:33**

UNDER 13 GIRLS

Team **Phoenix** **20:20**

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RECORDS

SENIOR MEN	PHOENIX	58:57	1996
	Steve Harris (Phoenix)	9:27	1996
OVER 40 MEN	BRIGHTON & HOVE	42:39	1999
	Nigel Gates (Brighton)	10:06	2002
OVER 50 MEN	CHICHESTER RUNNERS	33:58	2003
	Peter Witcomb (Brighton)	10:39	2000
OVER 60 MEN	LEWES	41:28	2003
	Terry Slade (Chichester R)	12:41	2003
UNDER 15 BOYS	HASTINGS AC	16:54	2003
	Scott Harris (Eastbourne)	5:26	2003
UNDER 13 BOYS	PHOENIX	18:28	2003
	Chris West (Chichester R)	5:47	2003
SENIOR WOMEN	ARENA 80	34:55	2000
	Caroline Hoyte (Arena 80)	10:52	2003
OVER 40 WOMEN	BRIGHTON & HOVE	38:14	2000
	Julia Armstrong (Brighton & H)	12:05	2003
OVER 50 WOMEN	HASTINGS RUNNERS	45:38	2003
	Sylvia Huggett (Hastings Run)	14:14	2003
UNDER 15 GIRLS	CHICHESTER RUNNERS	19:33	2003
	Charlotte Browning (Chichester R)	6:14	2003
UNDER 13 GIRLS	PHOENIX	20:20	2003
	Charlotte Browning (Chichester R)	5:53	2001