

SUSSEX COUNTY AA WINTER FIXTURE LIST – FINAL DRAFT
2018 - 2019

36	Sun	9 th	SEPT	Hellingly 10K	Hellingly
37	Sat	15 th			
38	Sat	22 nd			
	Sun	23 rd		SEAA Road Relays – ALL – Senior & Young Athletes	Crystal Palace
39	Sat	29 th		Sussex Cross Country Relays (Postponed to 13th October)	
	Sun	30 th		Barns Green Half Marathon & 10K	Barns Green
40	Sat	6 th	OCT	ERRA Senior 6 & 4 Stage & Young Athletes Relays	Sutton Park
	Sun	7 th		Chichester Multi-Terrain Half Marathon; Bright 10 + 5 other Sussex races	
41	Sat	13 th		Sussex Cross Country Relays (New date)	Goodwood Country Park
	Sun	14 th		Great Walstead 5	Great Walstead School
42	Sat	20 th		SEAA Cross Country Relays	Wormwood Scrubs
	Sun	21 st		Great South Run	Portsmouth
43	Sat	27 th			
44	Sat	3 rd	NOV	ECCA Cross Country Relays	Mansfield
	Sun	4 th		Sportshall League 1	Tanbridge School, Horsham
45	Sat	10 th		Sussex Cross Country League Race 1 (Brighton & Hove Albion away to Cardiff)	Stanmer Park, Brighton
46	Sat	17 th		Worthing Sportshall League 1	Lancing
	Sun	18 th		Brighton 10K	Brighton
47	Sat	24 th		South of Thames 5 Miles	Venue TBC
				UK Cross Challenge & European Trials	Sefton Park, Liverpool
48	Sat	1 st	DEC	Sussex Cross Country League Race 2	Lancing Manor
49	Sat	8 th		SEAA Masters & Inter-counties XC Championships.	Horspath, Oxford
	Sun	9 th		European Cross Country Championships	Tilburge, Netherland
50	Sat	15 th		South of Thames Senior	Beckenham, Kent
	Sat	15 th		Worthing Sportshall League 2	Lancing
	Sat 15 th / Sun 16 th			SEAA Combined Events Championships (all ages)	Lee Valley
	Sun	16 th		Sportshall League 2	Tanbridge House School
51	Sat	23 rd			
52	Sat	30 st .			

2019

1	Sat	5 th JAN	Sussex Cross Country Championships	Little Common, Bexhill		
2	Sat	12 th	SEAA Southern Indoor U13, U15, U17 Championships	Lee Valley		
	Sat	12 th & Sun 13 th				
	Wed	16 th	Sussex Schools Cross Country Championships	Waterhall, Brighton		
3	Sat	19 th	Sussex Masters Cross Country Championships	Coombe Farm, Lancing		
			This is a new venue – access past Lancing College – details to follow			
	Sat	19 th & Sun 20 th	SEAA Southern Indoor U20 & Senior Championships	Lee Valley		
	Sun	20 th	Sportshall League 3	Tanbridge House School		
4	Sat	26 th	South of England Cross Country Championships	Parliament Hill		
5	Sat	2 nd FEB	BUCS Cross Country Championships	Bicton College, Devon		
			Schools Inter-Counties (provisional)	Essex		
			Worthing Sportshall League 3	Lancing		
	Sun	3 rd	Chichester 10K	(New course Goodwood Motor Racing Circuit)		
6	Sat	9 th	Sussex Cross Country League Race 3	Little Common, Bexhill		
	Sun	10 th	Sportshall League 4	Tanbridge House School		
7	Sat	16 th & Sun 17 th	Sussex Indoor Championships (with Surrey)	Sutton Arena		
8	Sat	23 rd	ECCA National Cross Country Championships	Harewood House, Leeds		
	Sun	24 th				
	Wed	27 th			Chichester City Centre Road Races (1) All ages	North Street, Chichester
	Thurs	28 th			Sussex Schools Years 7 & 8 Cross Country	Christ's Hospital School
9	Sat	2 nd MARCH	Sussex Cross Country League 4	Venue to be announced		
	Sun	3 rd	Sportshall Inter Counties U11, U13, U15	Burgess Hill		
10	Sat	9 th	UK CAU Cross Country Championships	Loughborough		
	Wed	13 th	Chichester City Centre Road Races (2)	North Street, Chichester		
11	Sat	16 th	English Schools Cross Country championships	Temple Newsam, Leeds		
12	Sat	23 rd	Schools Inter-Counties Years 7 & 8 (Provisional)	Venue tba		
	Sun	24 th	SEAA 12 Stage (Men) + 6 Stage (Women) Road Relays	Venue TBC		
	Wed	27 th	Chichester City Centre Road Races (3)	North Street, Chichester		
13	Sat	30 th	World Cross Country Championships	Aarhus, Denmark		
14	Sat	6 th APRIL	Sussex Road Relays – all age groups	Christ's Hospital		
			ERRA National 12 & 6 Stage Road Relays	Sutton Park.		
15	Sat	13 th	Southern Athletics League – round 1			
	Sun	14 th	Brighton Marathon	Brighton		
16	Sat	20 th	Easter Day			
	Sun	21 st				
17	Sat	27 th	Youth Development League – Lower Age Group – round 1			
	Sun	28 th	London Marathon	London		

Please send any additions & amendments to Phil Baker – philbaker5@btinternet.com.