

SUSSEX COUNTY AA WINTER FIXTURE LIST – THIRD DRAFT
2018 - 2019

36	Sun	9 th	SEPT	Hellingly 10K	Hellingly
37	Sat	15 th			
38	Sat	22 nd			
	Sun	23 rd		SEAA Road Relays – ALL – Senior & Young Athletes	Crystal Palace
39	Sat	29 th		Sussex Cross Country Relays (Postponed to 13th October)	
	Sun	30 th		Barns Green Half Marathon & 10K	Barns Green
40	Sat	6 th	OCT	ERRA Senior 6 & 4 Stage & Young Athletes Relays	Sutton Park
	Sun	7 th		Chichester Multi-Terrain Half Marathon; Bright 10 + 5 other Sussex races	
41	Sat	13 th		Sussex Cross Country Relays (New date)	Goodwood Country Park
	Sun	14 th		Great Walstead 5	Great Walstead School
42	Sat	20 th		SEAA Cross Country Relays	Wormwood Scrubs
	Sun	21 st		Great South Run	Portsmouth
43	Sat	27 th			
44	Sat	3 rd	NOV	ECCA Cross Country Relays	Mansfield
	Sun	4 th		Sportshall League 1	Tanbridge School, Horsham
45	Sat	10 th		Sussex Cross Country League Race 1	Stanmer Park, Brighton
				(Brighton & Hove Albion away to Cardiff)	
46	Sat	17 th			
	Sun	18 th		Brighton 10K	Brighton
47	Sat	24 th		South of Thames 5 Miles	Venue TBC
				UK Cross Challenge & European Trials	Sefton Park, Liverpool
48	Sat	1 st	DEC	Sussex Cross Country League Race 2	Lancing Manor
49	Sat	8 th		SEAA Masters & Inter-counties XC Championships.	Horspath, Oxford
	Sun	9 th		European Cross Country Championships	Tilburge, Netherlands
50	Sat	15 th		South of Thames Senior	Beckenham, Kent
	Sun	16 th		Sportshall League 2	Tanbridge House School
51	Sat	23 rd			
52	Sat	30 st .			

2019

1	Sat 5 th JAN Sat 5 th & Sun 6 th	Sussex Cross Country Championships Southern Indoor Under 15 & Under 17 Championships	Little Common, Bexhill Lee Valley
2	Sat 12 th Sat 12 th & Sun 13 th	Southern Indoor Under 20 & Senior Championships	Lee Valley
	Wed 16 th	Sussex Schools Cross Country Championships	Waterhall, Brighton
3	Sat 19 th	Sussex Masters Cross Country Championships English Schools County Cup	Lancing Manor Various
	Sun 20 th	Sportshall League 3	Tanbridge House School
4	Sat 26 th	South of England Cross Country Championships	Parliament Hill
5	Sat 2 nd FEB	BUCS Cross Country Championships Schools Inter-Counties (provisional)	Bicton College, Devon Essex
	Sun 3 rd	Chichester 10K (New course Goodwood Motor Racing Circuit)	
6	Sat 9 th Sun 10 th	Sussex Cross Country League Race 3 Sportshall League 4	Little Common, Bexhill Tanbridge House School
7	Sat 16 th & Sun 17 th	Sussex Indoor Championships (with Surrey)	Sutton Arena
8	Sat 23 rd Sun 24 th Wed 27 th	ECCA National Cross Country Championships Chichester City Centre Road Races (1) All ages	Harewood House, Leeds North Street, Chichester
9	Sat 2 nd MARCH Sun 3 rd	Sussex Cross Country League 4 (Provisional) Sportshall Inter Counties U11, U13, U15	Venue needed Burgess Hill
	Thurs 7 th	Sussex Schools Years 7 & 8 Cross country	Christ's Hospital School
10	Sat 9 th	UK CAU Cross Country Championships	Loughborough
	Wed 13 th	Chichester City Centre Road Races (2)	North Street, Chichester
11	Sat 16 th	English Schools Cross Country championships	Temple Newsam, Leeds
12	Sat 23 rd Sun 24 th ??	Schools Inter-Counties Years 7 & 8 (Provisional) SEAA 12 Stage (Men) + 6 Stage (Women) Road Relays	Venue tba Venue TBC
	Wed 27 th	Chichester City Centre Road Races (3)	North Street, Chichester
13	Sat 30 th	World Cross Country Championships	Aarhus, Denmark
14	Sat 6 th APRIL	Sussex Road Relays – all age groups ERRA National 12 & 6 Stage Road Relays	Christ's Hospital Sutton Park.
15	Sat 13 th Sun 14 th	Probable first SAL matches Brighton Marathon	Brighton
16	Sat 20 th Sun 21 st	Possible YDL Lower Age Group matches Easter Day	
17	Sun 28 th	London Marathon	London

Please send any additions & amendments to Phil Baker – philbaker5@btinternet.com.