

**SUSSEX COUNTY AA WINTER FIXTURE LIST – SECOND DRAFT**  
**2018 - 2019**

36	Sun	9 <sup>th</sup>	SEPT	Hellingly 10K	Hellingly
37	Sat	15 <sup>th</sup>			
38	Sat Sun	22 <sup>nd</sup> 23 <sup>rd</sup>		SEAA Road Relays – ALL – Senior & Young Athletes	Crystal Palace
39	Sat Sun	29 <sup>th</sup> 30 <sup>th</sup>		<b>Sussex Cross Country Relays</b> Barns Green Half Marathon & 10K	<b>Goodwood Country Park</b> Barns Green
40	Sat Sun	6 <sup>th</sup> 7 <sup>th</sup>	OCT	ERRA Senior 6 & 4 Stage & Young Athletes Relays Chichester Multi-Terrain Half Marathon; Bright 10 + 5 other Sussex races	Sutton Park
41	Sat Sun	13 <sup>th</sup> 14 <sup>th</sup>		<b>Sussex Cross Country League 1</b> Hickstead Gallop	<b>Goodwood Country Park</b> Hickstead
42	Sat Sun	20 <sup>th</sup> 21 <sup>st</sup>		SEAA Cross Country Relays Great South Run	Wormwood Scrubs?? Portsmouth
43	Sat	27 <sup>th</sup>			
44	Sat Sun	3 <sup>rd</sup> 4 <sup>th</sup>	NOV	ECCA Cross Country Relays Sportshall League 1 (prov)	Mansfield Tanbridge School, Horsham
45	Sat	10 <sup>th</sup>		<b>Sussex Cross Country League Race</b> <b>(Brighton &amp; Hove Albion away to Cardiff)</b>	<b>Stanmer Park, Brighton</b>
46	Sat Sun	17 <sup>th</sup> 18 <sup>th</sup>		Brighton 10K	Brighton
47	Sat	24 <sup>th</sup>		South of Thames 5 Miles ?? UK Cross Challenge & European Trials	Venue ?? Liverpool
48	Sat	1 <sup>st</sup>	DEC	<b>Sussex Cross Country League Race 3</b>	<b>Lancing Manor</b>
49	Sat Sun	8 <sup>th</sup> 9 <sup>th</sup> ?		SEAA Masters & Inter-counties XC Championships. European Cross Country Championships Sportshall League 2 (prov)	Venue ?? Tilburge Tanbridge School, Horsham
50	Sat	15 <sup>th</sup>		South of Thames Senior ??	Venue ?
51	Sat	23 <sup>rd</sup>			
52	Sat	30 <sup>st</sup> .			

## 2019

1	Sat 5 <sup>th</sup> JAN Sat 5 <sup>th</sup> & Sun 6 <sup>th</sup> ??	<b>Sussex Cross Country Championships</b> Southern Indoor Under 15 & Under 17 Championships	<b>Little Common, Bexhill</b> Lee Valley ??
2	Sat 12 <sup>th</sup> Sat 12 <sup>th</sup> & Sun 13 <sup>th</sup> ?? Sun 13 <sup>th</sup>	Southern Indoor Under 20 & Senior Championships Sportshall League 3 (prov)	Lee Valley ?? Tanbridge School, Horsham
	Wed 16 <sup>th</sup> ??	Sussex Schools Cross Country Championships	Waterhall, Brighton ??
3	Sat 19 <sup>th</sup>	<b>Sussex Masters Cross Country Championships</b> English Schools County Cup	<b>Lancing Manor</b> Various
4	Sat 26 <sup>th</sup>	<b>South of England Cross Country Championships</b>	<b>Parliament Hill</b>
5	Sat 2 <sup>nd</sup> FEB  Sun 3 <sup>rd</sup>	BUCS Cross Country Championships Schools Inter-Counties ?? Chichester 10K (New course Goodwood Motor Racing Circuit) Sportshall League 4 (prov)	Venue to be confirmed  Tanbridge School, Horsham
6	Sat 9 <sup>th</sup>	<b>Sussex Cross Country League Race 4</b>	<b>Little Common, Bexhill</b>
7	Sat 16 <sup>th</sup> & Sun Sat 16 <sup>th</sup>	Sussex Indoor Championships (with Surrey) English Schools Cross Country Championships	Sutton Arena Venue ??
8	Sat 23 <sup>rd</sup> Sun 24 <sup>th</sup> Wed 27 <sup>th</sup> Thurs 28 <sup>th</sup> ??	ECCA National Cross Country Championships Chichester City Centre Road Races (1) All ages Sussex Schools Cross Country Years 7 & 8	North venue North Street, Chichester Christ's Hospital ??
9	Sat 2 <sup>nd</sup> MARCH Sun 3 <sup>rd</sup>	Sportshall Inter Counties U11, U13, U15	Burgess Hill
10	Sat 9 <sup>th</sup>  Wed 13 <sup>th</sup>	UK CAU Cross Country Championships Regional Inter-County Sporsthall – U 13's & U 15's ?? Chichester City Centre Road Races (2)	Venue ?? Burgess Hill ?? North Street, Chichester
11	Sat 16 <sup>th</sup>	English Schools Cross Country championships	Venue ??
12	Sat 23 <sup>rd</sup> ?? Sun 24 <sup>th</sup> ??  Wed 27 <sup>th</sup>	Schools Inter-Counties Years 7 & 8 ?? SEAA 12 Stage (Men) + 6 Stage (Women) Road Relays Chichester City Centre Road Races (3)	Venue ?? Venue?? North Street, Chichester
13	Sat 30 <sup>th</sup> Sun 31 <sup>st</sup>	World Cross Country Championships	Aarhus, Denmark
14	Sat 6 <sup>th</sup> APRIL	<b>Sussex Road Relays – all age groups</b> ERRA National 12 & 6 Stage Road Relays	<b>Christ's Hospital</b> Sutton Park.
15	Sat 13 <sup>th</sup> Sun 14 <sup>th</sup>	Probable first SAL matches Brighton Marathon	Brighton
16	Sat 20 <sup>th</sup>	Possible YDL Lower Age Group matches	

	Sun	21 <sup>st</sup>	<b>Easter Day</b>	
17	Sun	28 <sup>th</sup>	London Marathon	London

Please send any additions & amendments to Phil Baker – [philbaker5@btinternet.com](mailto:philbaker5@btinternet.com).



