

Speed

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A friend borrowed my computer and cocked it up, so I can no longer access Word and refuse to be brow beaten by Microsoft into subscribing to 365, hence the new layout.

SCRABLE RELAY

The same friend told me about this 'game' that they play once a year at Burnham Joggers, which could be useful for some light relief. I give it to you as it came to me, and obviously it is open to adaptation

Teams of three, one fast runner, one slow runner, one inbetween

One runner goes out and back, touches a team-mate who then runs while the first runner picks a scrabble piece out of a bag. This goes on for 45 minutes, after which the teams have ten minutes to construct as many words as possible until there is a winner. I would imagine club members/parents loan the scabble boards.